



Kaphar hunnu bhandamaru ramro



(Better dead than a live coward)

Nepal is the land where the world's highest point is, the summit of Sagarmatha
(Everest)

Birthplace of Lord Buddha and land of the Gurkhas, who are brave soldiers.
Nepalese cuisine is a combination of subtle tastes and flavours: ginger, garlic,
cumin, coriander, chillies, turmeric and more.

The master chef and his team are delighted to take time to prepare the dishes each
time a customer orders them using fresh ingredients and the highest quality spices
and herbs. Nepalese food is found to be refreshing, tasty and low in fat.

STARTERS

- 1. PAPADUMS (Plain or Spicy)**  **£1.00**
- 2. ONION BHAJI** **£3.75**
Slices of onions marinated with herbs and deep fried to make them crispy.
- 3. SAMOSA VEG** **£3.75**
Crispy pastry with minced veg.
- 4. PANIR TANDOORI TIKKA** **£4.50**
Fresh cottage cheese cubes marinated with special spices & herbs, grilled in tandoor.
- 5. PANIR CHILLI FRY**  **£4.50**
Cube of panir cooked with fresh herbs & slices of onions, capsicum & green chilli.
- 6. GARLIC MUSHROOM** **£4.25**
Mushroom tossed in garlic, served on a puffy whole meal bread.
- 7. HOUSE SPECIAL MOMO**  **£4.50**
Home made chicken dumpling (most popular dish).
- 8. CHOELA CHICKEN**  **£4.50**
Chicken stir fry with special Nepalese herbs.
- 9. CHILLI CHICKEN FRY**  **£4.50**
Marinated breast of chicken with Nepalese herbs, battered in special sauce and then deep fried.
- 10. GURKHA MIX PLATTER** **£5.50**
Selection of meats, sheesh kebab, chicken tikka, onion bhaji.
- 11. CHICKEN TUK TUK** **£4.50**
Chicken marinated with Nepalese herbs, battered in special sauce and then deep fried.
- 12. PRAWN PURI**  **£4.50**
Prawn cooked with Nepalese spice and served with deep fried whole meal bread.
- 13. CHICKEN or LAMB TIKKA** **£4.25**
Marinated chicken or lamb cooked in the clay oven.
- 14. RASILO KEBAB** **£4.25**
Minced lamb mix with special Nepalese style herbs, cooked in a clay oven.
- 15. MANGO TIKKA** **£4.50**
Marinated chicken tikka cooked in a clay oven and served with mango chutney.
- 16. SAMOSA MEAT**  **£3.75**
Crispy pastry with minced meat.
- 17. SALMON TANDOORI TIKKA** **£5.50**
Cubes of Salmon fish marinated with all Nepalese spice and cooked in a clay oven.

NUTS & ALLERGIES

Many of our dishes contain nuts and dairy products. Please notify the management of any allergies before ordering.

18. MALAI CHICKEN TIKKA



£4.50

A mild preparation of boneless chicken cubes marinated in yoghurt, cream & cheese.

19. LAMB SEKUWA

£4.50

Tender pieces of lamb cooked in a tandoor, sauteed with green peppers, green chilli, onions, mustard seeds and curry leaves.

TANDOORI COOKED DELICATESSENS

20. GURKHA MIX GRILL



£12.95

Chicken served with nan bread.

21. CHICKEN OR LAMB TIKKA HIM CHILLI

£8.50

Delicious juicy pieces of chicken or lamb marinated in our unique blend of fresh green herbs and enhanced with a fusion of Nepalese spice before being cooked to a perfect tender finish.

22. POLEKO PANIR



£7.95

A vegetarian specially made from cottage cheese, grilled to a perfect finish.

23. TANDOORI CHICKEN

£7.95

Marinated leg and breast of chicken prepared with fresh coriander and other herbs.

24. TARAI KO MACHA

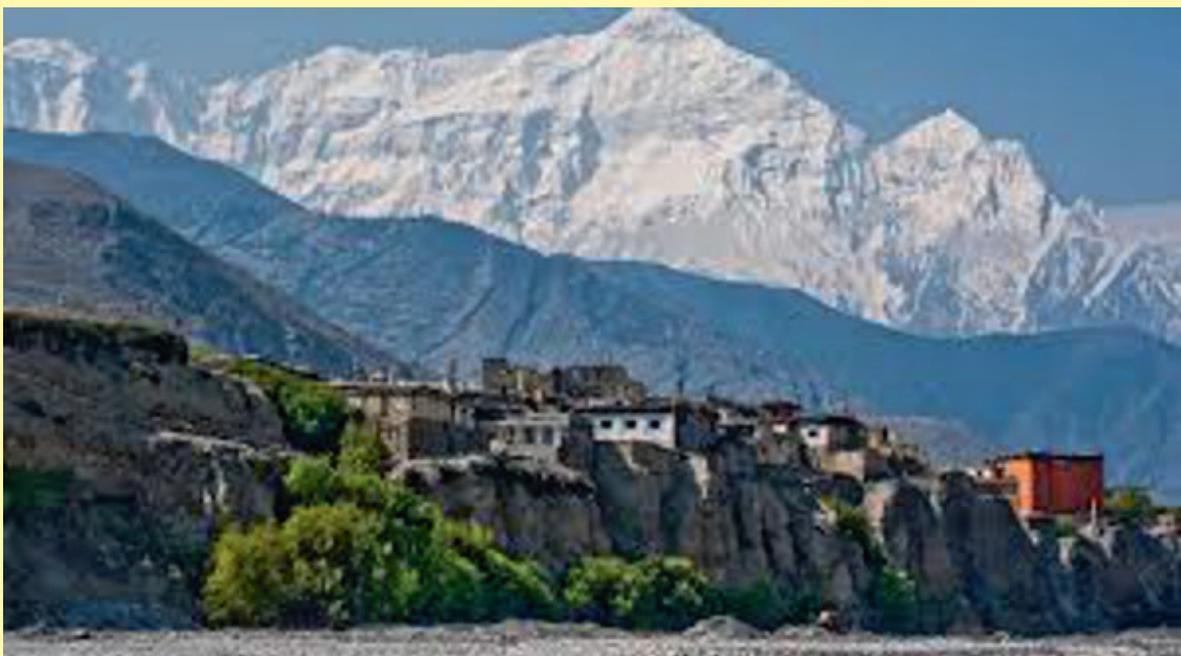
£9.95

Fresh pieces of salmon marinated in our unique blend of fresh green herbs, enhanced with fusion of spices and cooked in a clay oven.

25. CHICKEN OR LAMB SASHLIK

£8.95

Cubes of chicken or lamb marinated in a special fusion of herbs & seasoned, grilled with onion, tomato and capsicum.



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CHEF'S SPECIAL RECOMMENDATION

- 26. CHOPILO KUKHURA** £8.50
Juicy pieces of chicken tikka specially prepared in a unique selection of homemade spices, capsicum, onion, tomato & finished with tenderness taste.
- 27. DARBAR BHALE** £8.50
Breast of chicken cooked in a clay oven and then pan cooked in a new blend of spices and herbs with green peppers, onion, tomatoes to create mouth-watring masala sauce.
- 28. CHICKEN OR LAMB PASANDA** £7.95 / £8.95
Tender slices of chicken or lamb cooked with almond, coconut powder and cream and finished with hints of wine.
- 29. MALAI CHICKEN**   £8.50
A mild preparation of boneless chicken marinated in yoghurt, cream, other spices and cooked to perfection.
- 30. BUTTER CHICKEN**  £8.50
Succulent slices of tandoori chicken breast cooked with chef's special made sauce.
- 31. MALAS DAHI CHICKEN** £7.95
Tender pieces of chicken cooked with special sauce with a hint of yoghurt & mint.
- 32. GURKHALI (CHICKEN / LAMB)** £7.95 / £8.95
Medium hot pure Nepalese village style chicken or lamb curry. One of the best liked dishes by the Gurkhas.
- 33. SHERPA (CHICKEN/LAMB)** £7.95 / £8.95
Chicken or lamb marinated overnight in a special blend of spices & cooked to perfection.
- 34. CHICKEN OR LAMB NAGA** £7.95 / £8.95
Chicken or lamb cooked to perfection with specially home made naga sauce.
- 35. GURKHA MIS MAS** £8.95
A mixtures of barbecued chicken, lamb and prawns cooked in special sauce with hint of wine to perfection.
- 36. HIMALAYA CHICKEN OR LAMB** £7.95 / £8.95
Tender pieces of chicken or lamb cooked with mustard seeds, curry leaves and special Nepalese spices.
- 37. HARIYALI CHICKEN OR LAMB** £7.95 / £8.95
Tender pieces of chicken or lamb cooked in homemade hariyali sauce to perfection.
- 38. EVEREST CHICKEN OR LAMB** £7.95 / £8.95
Pan fried strips of chicken or lamb cooked with pepper and herbs (very unique)
- 39. HIMCHULI KING PRAWNS** £12.95
An outstanding king prawn dish prepared with blend of herbs and specially cooked with lemongrass for a tangy flavourand unique taste.

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40. KOSHI KO MACHA TARKARI (FISH CURRY)

£9.95

Delicious Tilapia fish curry cooked with coconut milk, tomato, onion & mustard seeds. marinated with Chef's special Nepalese herbs to make perfection, serve with lemon rice and sauce.



BIRYANI DISHES

Cooked with basmati pilau rice and served with raita

41. CHICKEN/LAMB NEPAL	£7.95 / £8.95
42. VEGETABLE BIRYANI	£8.95
43. CHICKEN OR LAMB BIRYANI	£9.95
44. KING PRAWN BIRYANI	£12.95
45. GURKHA SPECIAL BIRYANI	£12.95

TRADITIONAL MAIN DISHES

	<u>CHICKEN</u>	<u>LAMB</u>	<u>PRAWN</u>	<u>KING PRAWN</u>
46. TIKKA MASALA	£7.95	£8.50	£8.95	£12.95
Tender barbecued chicken or lamb cooked with masala sauce.				
47. KORMA	£7.95	£8.50	£8.95	£12.95
A mild chicken or lamb curry dish cooked in cream, almond and coconut.				
48. BALTI	£7.50	£8.50	£8.95	£12.95
A mild chicken or lamb curry dish cooked in special balti sauce.				
49. TIKKA JALFREZI	£7.50	£8.50	£8.95	£12.95
Barbecued chicken or lamb marinated with spices & cooked with onion, capsicum, tomato and green chilli.				

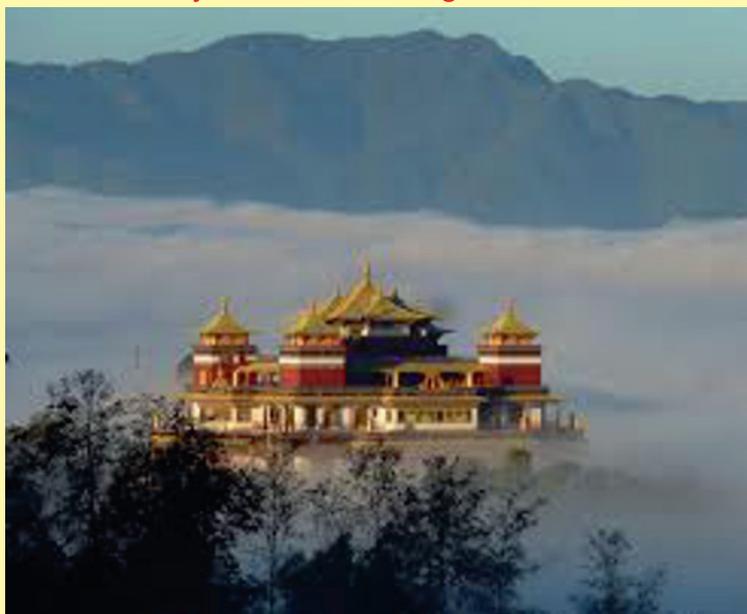
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50. MADRAS	£7.50	£8.50	£8.95	£12.95
Fairly hot, garnished with fresh lemon juice & tomatoes. A hot dish with plenty of gravy.				
51. VINDALOO	£7.50	£8.50	£8.95	£12.95
Hot dish with plenty of gravy.				
52. DANSAK	£7.50	£8.50	£8.95	£12.95
Cooked with Lentils, Lemon Juice & aromatic spices to give it a hot sweet & sour taste.				
53. BHUNA	£7.50	£8.50	£8.95	£12.95
Cooked with fresh tomatoes & onions in a thick sauce – medium strength.				
54. ROGAN JOSH	£7.50	£8.50	£8.95	£12.95
Bhuna dish garnished with fresh garlic & tomatoes – medium strength.				
55. SAG	£7.50	£8.50	£8.95	£12.95
Cooked with dry fenugreek leaves giving an aromatic lingering flavour – medium strength.				

VEGETABLE DISHES MAIN

56. GURKHA SPECIAL VEGETABLE	£7.50
Panir (cottage cheese), potato, broccoli cooked with fresh ginger, garlic, tomato and coriander.	
57. VEGETABLE MASALA	£7.50
Mixed vegetables cooked with masala sauce.	
58. MAS KO DAL (BLACK LENTILS) ONLY MAIN DISH	£7.50
Black lentils cooked with onions and Nepalese herbs then finished with ginger, garlic and fenugreek seeds.	
59. SHAHI PANEER	
Cottage cheese cooked in a mild creamy sauce with fenugreek leaves	



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VEGETABLE SIDE DISHES

- 60. KATHMANDU ALOO** £4.50
Potato cooked with Nepalese spices and touch of lemon juice.
- 61. PANCHA RATAN SABJI** £4.50
Seasonal mixed vegetables.
- 62. TARKA DAL** £4.50
Yellow lentils slow cooked and tempered with garlic and other herbs.
- 63. CHANA MASALA** £4.50
Yellow lentils slow cooked and tempered with garlic and other herbs.
- 64. ALOO GOBI** £4.50
Cauliflower cooked with potatoes.
- 65. ALOO SEMI** £4.50
Green beans and potatoes cooked in the Nepalese style.
- 66. SAG ALOO** £4.50
Spinach cooked with potatoes.
- 67. MUSHROOM BHAJEE** £4.50
Mushrooms cooked with onions.
- 68. BHINDI SUKHA** £4.50
Okra cooked with onions.
- 69. BHENTA ALOO** £4.50
Aubergines cooked with onion and special spices.
- 70. MATAR PANIR** £4.50
Panir cooked with green peas and more herbs.
- 71. SAG PANIR** £4.50
Panir cooked with fresh spinach and dash of cream.



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BASMATI RICE

72. BOILED RICE	£2.50
Fluffy white basmati rice served hot.	
73. PILAU RICE	£2.75
Basmati rice cooked with bay leaf & spiced herbs.	
74. MUSHROOM RICE	£3.25
Basmati rice cooked with juicy spice mushroom.	
75. EGG FRIED RICE	£3.25
Basmati rice cooked with fried egg.	
76. SPECIAL FRIED RICE	£3.50
Basmati rice cooked with spring onion, green peas, mushroom and fried egg.	
77. KEEMA RICE	£3.95
Basmati rice cooked with lamb mince.	
78. COCONUT RICE	£3.50
Basmati rice cooked with coconut powder.	
79. LEMON RICE	£3.25
Basmati rice cooked with mustard seeds, curry leaves, coconut powder & lemon juice	
80. PLAIN NAAN	£2.50
Unleavened flour baked in tandoor.	
81. PESHAWARI NAAN	£2.95
Unleavened refined flour stuffed with dry fruits and coconut.	
82. GARLIC NAAN	£2.75
Unleavened naan cooked with finely chopped garlic.	
83. CHEESE AND GARLIC NAAN	£2.95
Unleavened naan cooked with mature British cheddar.	
84. PIRO NAAN	£2.75
Unleavened naan cooked with chopped chilli on top.	
85. KEEMA NAAN	£3.25
Naan cooked with sliced lean mince of lamb.	
86. KULCHA NAAN	£2.75
Naan bread cooked with chopped onion and coriander	
87. PARATHA	£2.95
Whole meal wheat flour leavened and rolled in layers, giving a flaky texture.	
88. ROTI	£1.95
Simply whole meal bread	

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SALAD AND RAITA

90. ALL CHUTNEY & PICKLE (EACH)	£0.00
91. RAITA	£2.25
92. CHIPS	£2.25
93. GREEN SALAD	£2.25



EAT IN ONLY

SUNDAY EVENING SET MENU: £12.95

WEDNESDAY BANQUET: £13.95

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DELUXE FOR 2
2 PAPADOMS, ONION BHAJI,
CHICKEN TIKKA STARTER,
CHICKEN NEPAL, LAMB BHUTUWA,
ALOO GOBI,
LARGE PILAU RICE & NAN BREAD
£34.95

Not valid with any other promotion including money off vouchers

MENU KEY

MEDIUM 

HOT 

VERY HOT 

CONTAINS:

GLUTEN 

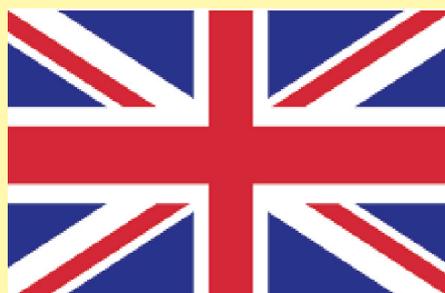
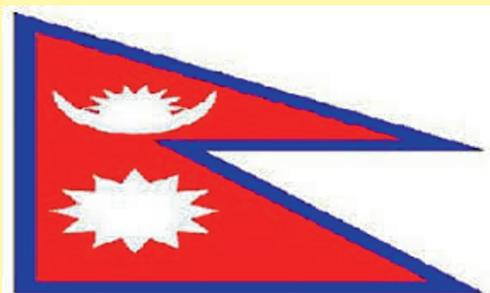
NUTS 

DAIRY PRODUCTS 

"Great food and fast friendly service. Would recommend to all. Good selection of food. Loversy flavours. Will definitely be returning". (JoGargiulo, Kent)

"Lovely food & fantastic service. very good value for money. we went with friends and had a very lovely evening - will definitely return!! Highly recommend this great little find!!!" (Andrea D)

"First time i've used this place. great food. they even called to say the delivery would be 5 minutes late. how many restaurants would bother to do this. this is my new takeaway of choice." (Simonadavey, Maidstone, United Kingdom)



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